

# PREPARE

for your life in the new  
**American Police State**

by Al Teridem



*This eBook is dedicated to staying free while maintaining  
our ethics, virtue and basic human rights  
through peaceful means.*

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*Cover art: German propoganda poster • artist unknown*

# Prepare for your life in the New American Police State

*by Al Teridem*

*“Throughout the history of mankind there have been murderers and tyrants; and while it may seem momentarily that they have the upper and, they have always fallen. Always.”*

*Mahatma Ghandi*

Are you concerned about infringements upon your constitutional rights? Does invasion of privacy, the loss of free speech, and the trashing of the Bill of Rights alarm you? Are you are concerned that your chosen life-style, religious or political affiliations put you at increased risk by a government run amok? Does the suspicion that your beloved country has become a dictatorship fill you with apprehension?

If you say ‘yes’ to any of these questions, then you are becoming aware of the dangers of living in the New American Police State. This truth that has become a harsh reality in America under the present administration.

In any event, it makes good sense to take precautions, by ‘cleaning up your act’ now to prevent bigger problems later. What were considered small or victimless crimes in the past, will soon carry much harsher penalties under the new rules of the Bush dictatorship.

To protect yourself and families from the Gestapo-like tactics, of intimidation, surveillance, arrest without due process, seizure of private property, and incarceration in the proposed prison camps for ‘Enemy Combatants,’ it is wise to institute the following precautions now.

*“An ounce of prevention is worth a pound of cure.”*

*Benjamin Franklin*

1. Inspect your house, property and belongings for incriminating evidence, removing or concealing anything illegal, controversial or politically sensitive: Fringe literature, political pamphlets, knife or sword collections, emergency or survival supplies, ammunition, anti-Bush posters, etc. There are so many new criminal laws that all of us are presently vulnerable to arrest and prosecution at the whim of the state.

2. Become as self-reliant as possible around your home to reduce unwanted access to your property by snoops, utility workers and inspectors. Examples include: installing or repairing your own phone lines, water system, fire prevention systems etc.

3. Post 'No Trespassing' signs to discourage unwanted visitors. Erect gates and fences to help enforce this. A big barking dog or two would help, but make sure to post dog warnings on signage. Secure your home from casual break-ins. Consider installing a 'nanny cam' to see what really is happening when you are gone.

4. Receive mail and packages through the Post Office instead of home delivery, or better yet: get a private mail service to thwart T.I.P.S.-friendly delivery personnel. Have U.P.S. and Fedex packages held at the local depot, and pick them up there.

5. If you use or sell illegal drugs, or are involved in any petty criminal activity: STOP NOW! Harsh new laws from new legislation such as the 'Patriot' or 'Rave Act' are transforming victimless crimes into major ones. Penalties will increase exponentially.

6. If you own firearms and ammunition, sell or store all but the bare essentials in a remote location and keep the few necessities concealed from casual observation.

7. Have yourself removed from mailing lists of 'radical' organizations such as the NRA, fringe book or supply retailers, and political action parties frowned upon by our court-appointed tyrant.

8. Remove bumper stickers advocating radical or non-mainstream views. Flying a U.S. flag can't hurt, even if you know that it has become a meaningless symbol of propaganda and repression.

9. Don't buy quantities of money orders with cash from U.S Post Offices or banks to support protest groups or to conceal funds. If you must, purchase one or two per institution. Large money orders and cashier check purchases are now routinely monitored.

10. Become a model citizen in public, at work and around neighbors. Keep your inflammatory opinions to yourself. Keep your head down and your mouth shut.

11. Establish a 'Safe Place' away from your full time residence where you can go if the worse case scenarios occur. This can be a remote campsite, RV, trailer, cabin or second residence. Make the facilities as discrete and self-reliant as possible. Keep their existence secret from

anyone outside of the immediate family. Plot several escape routes to and from the safe place. Stock them with basic necessities: food, water, food supplements, medicines, bedding, clothing, radio, self defense items, emergency power and recreational books, games etc.

12. If you must protest or write about the new American dictatorship, do so under a pseudonym. Use stealth email and surfing programs to increase anonymity. Write in prose or satire, put up posters discretely in public places. Keep a low profile in your daily life.

13. Monitor your phone and internet communications carefully and always assume that they are being listened to and watched. Use prepaid calling cards for long distance phone calls: no records are kept of these communications, yet.

14. Remain true to your ideals, spiritual values and conscience. Practice virtuous behavior and random acts of kindness. Eventually good will prevail over the tyrants and we will need our friends, family, resources and inner strengths intact to rebuild our world.

15. Self defense is a basic human right, and few would dispute it's use as a last resort to protect your life, or your family. But to consider armed revolt against the today's police and military is suicidal. These forces are so thoroughly trained and equipped that the average person has virtually no chance of opposing them with these methods. Instead, use the principals of noncooperation and nonviolent if you are compelled to act. As Mahatma Ghandi taught: "The sword of passive resistance does not require a scabbard."

The *Civil Disobedience Manual*, available on-line at: <http://www.actupny.org/documents/CDdocuments/CDindex.html> is the textbook for nonviolent protest.

Many who have attended recent events, such as the WTO Summit in Seattle, will confirm that the widespread use of excessive force; mace, truncheons and rubber bullets has become standard policy against nonviolent protestors. Be prepared for this if you insist on participation.

16. Read and apply the concepts in LW Publishing's free e-Book: *21 Tips to Transit* - Practical Advice for Perilous Times, found at <http://www.lightwatcher.com/lightwatcher/downloads>. This was written in 2000, but applies very well to today's complex scenarios.

*for more illuminating experiences...*

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